

CANTERBURY SUICIDE PREVENTION GOVERNANCE COMMITTEE 2023

The Canterbury Suicide Prevention Governance Committee signals a commitment from all agencies and major stakeholders to work together to strengthen individuals, whānau/families, and communities in Waitaha, Canterbury. Te Whatu Ora - Waitaha provides resource to facilitate this Committee to implement actions that support a collaborative vision, purpose and mission to reduce the harms from suicide in Waitaha.

Vision

Our vision is to reduce suicide and suicide attempts in Waitaha Canterbury.

Purpose

To enable Canterbury agencies and stakeholders to work cross-collaboratively to share knowledge and resources to lower the impact of suicide and suicide attempts in Waitaha Canterbury.

To support the Implementation of *Te Oranga tonutanga o Waitaha* – Living Well Waitaha Canterbury Suicide Prevention Strategic Action Plan (2022-2025) that delivers wellbeing promotion, suicide prevention awareness, intervention and postvention to people in Waitaha Canterbury in line with best practice approaches.

Values

1. **Toa Takitini / Ture Tangata** – responsibility to self and each other, shared responsibility, collective, collaborative, whanaungatanga, tū tahi, mahi tahi,
2. **Te Wero / Oritetanga** – challenges, excellence, continuous improvement, equity, courage, make it happen, innovation, diversity, inclusive, participate.
3. **Whakamana** – Tika & pono, empowering, advocacy, courage, respectful, integrity, safe, ethical, mahi pono, honest, transparency, rangatiratanga, the way we undertake the mahi
4. **Te Kainga** – place of belonging, possible, interdependence, connection, localised, identity, whakamanawa
5. **Tūmanako** – hope, celebrate, optimistic, passion,
6. **Ngākau Aroha** – aroha, empathy, humility, service with grace, potential

Mission

1. To deliver a whole-of- system Waitaha Canterbury Strategic Suicide Prevention Action Plan
2. To increase collaboration through sharing information and resources across the sectors and within agencies on suicide and suicide prevention including maintenance of the suicide prevention Canterbury website.
3. To monitor suicide data and support the completion of the actions contained in the Living Well Waitaha Action Plan.
4. Delivery of an Annual Report on actions contained in the Living Well Waitaha Action Plan and outcomes achieved across the region that year.

Functions of the Governance Committee

TERMS OF REFERENCE

The Governance Committee will:

1. Meet regularly to disseminate knowledge, information, and updates on agency activity to work collaboratively to reduce the rate of suicide and self-harm in Canterbury.
2. Grow awareness and capacity to respond to warning signs and risk of suicide to promote the ability of individuals, whānau and communities to respond to individuals in need; and those affected by suicide.
3. Increase the availability of information and support for those at risk and those impacted (e.g., whānau, communities).
4. Strengthen communities, whānau and individuals through targeted activities that build wellbeing and resilience and improve access to existing supportive resources and services.
5. Promote a culturally responsive approach by working to include cultural frameworks into service provision and information and work to uphold equity in services and outcomes.
6. Identify and promote high standards/best practice in the provision of suicide prevention and postvention.
7. Provide leadership, guidance and support to the Suicide Prevention and Postvention Co-ordinators (SPPCs) located within Pegasus Health.

Membership

Member	Position	Agency
(Co-Chair)		
Liane Shields (Secretariat)	PMH Operations Team Lead	Pegasus Health
Dr Sigi Schmidt	Chief of Psychiatry SMHS	Te Whatu Ora – Health NZ
Harata Franks	Māori Health Promoter	CPH - Te Whatu Ora – Health NZ
Anne Esson	Nurse Manager ED	Te Whatu Ora – Health NZ
Monique Gale	Planning and Funding MH	Te Whatu Ora – Health NZ
Lynn Henderson	Interim SPPC Lead	Pegasus Health
Georgia Bridley	Suicide Prevention Coordinator	Pegasus Health
Craig Morris	Suicide Prevention Coordinator	Pegasus Health
Rawiri Hazel	Māori Suicide Prevention Coordinator	He Waka Tapu and Pegasus
Karl Belcher	Service Manager – Mental Health Services / Suicide Prevention Team Leader	Pegasus Health
Marion Kazakos,	Ministry of Education	Ministry of Education
Danielle O’Halloran-Thyne	Mana Ake Lead	Mana Ake
Julie Fifield	District Victim/ Mental Health Manager	NZ Police
Dave Smits	Principal Advisor Mental Health and Addiction – Southern Region	Corrections NZ
Abby Wilson Maria Smolar	Physical Activity Manager Lead System Innovator	Sport Canterbury

TERMS OF REFERENCE

Ninon Kirchner (leave) Merryn Bird	Executive Manager Canterbury (03 October – 02 June) - merryn.bird@ot.govt.nz	Oranga Tamariki
Liz O’Kane	Manager of Regional Services	Ministry of Social Development
Aroha Brett	Clinical Advisor Hauora Māori	Hato Hone, St John
Amber Clarke	Pou Ora	Ngāi Tūāhuriri – Whitiōra
Gary Watson	Community Partnerships and Planning	Christchurch City Council
Paula Rigby	Senior Advisor, Te Waipounamu	Te Puni Kōkiri
Liz Barnard	Clinician, Elder Abuse Service	Age Concern Canterbury
Kate Burgess	Coordinator of the Christchurch Youth Council	Christchurch City Council
Lynda Clark	South Island (SI) Development Manager	Rural Support Trust
Adele Wilkinson	Centre Director	MHERC

Additional Advice

The Committee reserves the right to co-opt members or seek advice from persons outside of the Committee as deemed reasonable by the committee.

Accountability

Governance Committee aims and outcomes will be reported to Te Whatu Ora and Te Aka Whai Ora however this group remains an independent collaborative body that has been mandated to provide direction and information on suicide prevention in Canterbury.

Member Commitment

Members must attend the bi-annual meetings or nominate a proxy in their place. If no proxy is available, members must email a brief update to the secretariat to be tabled at the meeting. Where a member has not attended three meetings in succession they will be asked to nominate a person with capacity who can attend.

Co-Chairs will seek feedback from members on organisation actions and suicide prevention initiatives that align with the Living Well Waitaha Action Plan 2022-2025. Members are required to submit an update annually by 28 February so that the annual report can be completed by March each year.

The Chair of the Canterbury Suicide Postvention Working Group will advise on losses for the Waitaha region, trends or issues of concern, and other updates as required from the Working Group members. This will be delivered by the Chair at bimonthly meetings in order to inform prevention initiatives. The Chairs of both Governance Committee and Working Group will meet regularly to ensure a strong link between both groups and the sharing of relevant knowledge that will support the functions of both groups.

Meetings

Meetings will be held two-monthly and occasionally small working groups may meet as required. Meetings will be held at Pegasus Health or elsewhere as decided by the group.

TERMS OF REFERENCE

Chair

Chairs will be appointed by the group on an annual basis as directed by the committee.

Quorum

A minimum of one third of Governance Committee members must be present to hold a meeting and over half plus one required to respond to any requests for decision-making.

Minutes

Minutes of Committee meetings will be recorded and circulated amongst members of the Governance Committee.

Reporting

The CSPGC undertakes to compile an annual report that comments on the suicide prevention actions contained in "Living Well Waitaha" and any new initiatives that are underway in Waitaha. The Annual Report is to be made available on the Suicide Prevention Canterbury website by the end of March each year.

Review of TOR

Terms of Reference will be reviewed annually and as indicated by a change in membership.